Children’s Center Day Care

Menu for the Week of

January 20th – 24th, 2025

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| --- | --- | --- | --- | --- | --- |
| FALL/WINTERWEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | IU Kokomo to close for MLK Day ... | Crisp Rice CerealDiced PearsMilk\* | Oatmeal†Diced PeachesMilk\* | Rice Chex Cereal†ApplesMilk\* | Toasted Wheat Bagels†Peaches, Pears or ApplesMilk\* |
| LUNCH11:30-12:00 |  | Chicken TendersGreen BeansWhole Wheat Bread†ApplesMilk\* | Taco Mac and Cheese with Ground TurkeyCornButtermilk BiscuitsGrapesMilk\* | Chicken and Cheese Burritos on Flour TortillasMixed VegetablesTaco ChipsHoneydewMilk\* | Tomato SoupCheese Sandwiches on Whole Wheat Bread†Carrot Sticks‡ClementinesMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 |  | Strawberry YogurtGoldfish Grahams†Water | Club CrackersOnion Chive Cream CheeseApple Juice | Banana ChocolateChip BreadMilk\* | Whole GrainGoldfish Crackers†Apple or Grape Juice |

\* Children under 2 years of age will be served whole milk. Children over 2 years of age will be served 1% or skim milk. All milk served is unflavored.

† Denotes a whole grain or whole grain rich food.

Children’s Center takes part in the Child and Adult Care Food Program through the U.S. Department of Agriculture. We are an equal opportunity provider.

Children’s Center Day Care

Menu for the Week of

January 27th – 31st, 2025

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| --- | --- | --- | --- | --- | --- |
| FALL/WINTERWEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Corn Flakes Cereal†Diced PeachesMilk\* | Life Cereal†BananasMilk\* | Baked French ToastApplesauceMilk\* | Corn Chex Cereal†Diced PearsMilk\* | Baked Triscuits† with CheesePeaches, Pears or ApplesMilk\* |
| LUNCH11:30-12:00 | Baked Scrambled Eggs with Diced HamGreen BeansEnglish MuffinsBananasMilk\* | Sloppy Joes on aWhole Wheat Bun†Mixed VegetablesPineapple TidbitsMilk\* | Chicken Noodle Soup with Peas and CarrotsCheese CubesOyster CrackersGrapesMilk\* | Chicken Curry CasseroleWhite Rice CarrotsPita CrackersHoneydewMilk\* | Macaroni and Cheese with Turkey SausageCornButtermilk BiscuitsApplesMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Bagels and Cream CheeseGrape Juice | Whole Grain Goldfish Crackers †GrapesMilk\* | ClementinesWheat Thins†Water | Apple Yogurt MuffinsApple Juice | Cheez-ItsApple or Grape Juice |

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Children’s Center Day Care

Menu for the Week of

February 3rd – 7th, 2025

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| --- | --- | --- | --- | --- | --- |
| FALL/WINTERWEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Buttermilk BiscuitsDiced PearsMilk\* | Crisp Rice CerealDiced PeachesMilk\* | Toasted Wheat Bagels†ApplesMilk\* | Soy Butter Quesadillason Flour TortillasBananasMilk\* | Crispix CerealPeaches, Pears or ApplesMilk\* |
| LUNCH11:30-12:00 | Bean and Cheese Burritoson a Flour TortillaMixed VegetablesTortilla ChipsGrapesMilk\* | Barbeque MeatballsMashed PotatoesPeasWhole Wheat Bread†Pineapple TidbitsMilk\* | Salsa Chili with Beans and Ground TurkeyCarrot SticksOyster CrackersClementinesMilk\* | Tuna Boats (BakedTuna Salad and Cheese on a Hot Dog Bun)Mixed VegetablesCheez-ItsHoneydewMilk\* | Turkey Dogs on a Whole Wheat BunGreen BeansTater TotsClementinesMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Fresh Fruit Assortment(Bananas, Apples, Clementines)Triscuit Minis†Water | Cottage CheesePretzelsApple Juice | Sweet Potato CakeMilk\* | Kix and Pretzel Snack Mix†Grape Juice | Scooby Snacks†Apple or Grape Juice |

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† Denotes a whole grain or whole grain rich food.

‡ Children under the age of 2 years will not be served raw carrots. Cooked carrots will be offered instead.

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Children’s Center Day Care

Menu for the Week of

February 10th – 14th, 2025

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| --- | --- | --- | --- | --- | --- |
| FALL/WINTERWEEK 4 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Corn Flakes Cereal†Diced PearsMilk\* | Oatmeal† Diced PeachesMilk\* | Kix Cereal†BananasMilk\* | Cinnamon BreadApplesauceMilk\* | English MuffinsPeaches, Pears or ApplesMilk\* |
| LUNCH11:30-12:00 | White Bean Tomato SoupWhite RiceCheese CubesCarrot SticksApplesMilk\* | Chicken Taco SaladCornTaco ChipsClementinesMilk\* | Penne Pasta w/ Chicken,Cheese and BroccoliGreen BeansGrapesMilk\* | Southwestern Rice with Ground TurkeyMixed VegetablesButtermilk BiscuitsHoneydewMilk\* | Roasted Turkey SausageRoasted Red PotatoesCarrotsWhole Wheat Bread†Pineapple TidbitsMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Whole Wheat Ritz Crackers†Soy ButterMilk\* | BananasAnimal CrackersWater | Carrot Zucchini MuffinsMilk\* | Sun Chips†Grape Juice  | PretzelsCheese CubesApple or Grape Juice |

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Children’s Center Day Care

Menu for the Week of

February 17th – 21st, 2025

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| --- | --- | --- | --- | --- | --- |
| FALL/WINTERWEEK 5 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Frosted Mini Wheats Cereal†Diced PeachesMilk\* | Toasted Oats Cereal†Diced PearsMilk\* | Pork Sausage andCheese BiscuitsApplesMilk\* | Soy Butter Quesadillas on Flour TortillasApplesauce | Toasted Oats Cereal† or Corn Flakes CerealPeaches, Pears or ApplesMilk\* |
| LUNCH11:30-12:00 | Cheesy Breadsticks with Marinara SauceCarrotsHoneydewMilk\* | Spaghetti with Meat SauceCornBiscuitsClementinesMilk\* | Chicken Fiesta Soup withBrown Rice and Corn†Cheese CubesSaltinesGrapesMilk\* | Pizza Burgers (Meat Sauce and Cheeseon English Muffins)Green BeansApplesMilk\* | Turkey Dogs on a Cheesy Flour TortillaPeasWheat Thins†Pineapple TidbitsMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Graham CrackersBananasWater | Chex Mix†Grape Juice  | Cucumber and Cream Cheese on White BreadApple Juice | Blueberry MuffinsMilk\* | Whole Grain Goldfish Crackers† Apple or Grape Juice |

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